



**DAS KARWENDEL**

Ihr Wellness Zuhause am Achensee

# Welcome

## Into Wellnesshotel Karwendel

### All at one glance

from Monday, 27th of February to Sunday, 5th of March 2023

#### Telephone

Reception - No. 9  
Vital garden - No. 40  
Bar - No. 65

#### The vital garden - our beauty and spa area

Monday to Sunday - from 08.00 to 19.00 o'clock

#### Mealtimes

Breakfast - from 08.00 to 10.30 o'clock

Afternoon snack - from 13.30 to 16.00 o'clock

Dinner - from 18.30 to 21.00 o'clock

#### Fridays we have our gala dinner:

*The Rieser family kindly invites you to have a drink. Please be in time at 18.30 o'clock. Afterwards, you gain an exquisite 7-course-gala-dinner.*

#### Swimming pool for families

Indoor pool - from 07.30 to 19.30 o'clock

Outdoor pool - from 08.00 to 9 o'clock  
from 14:30 - 18:30

#### Fitness studio

Every day - from 07.30 to 21.00 o'clock

*Children younger than 15 years are allowed to enter this room only in the company of an adult.*

#### Sauna only from 15 years

Every day - from 13.00 to 19.00 o'clock  
If the weather is bad from 11.00 to 19.00 o'clock

We kindly advise you that our sauna is a nude area.

Rock crystal cave - ca. 65°C

Brine grotto - ca. 55°C

Finnish sauna - ca. 82°C

Laconium - ca. 38°C to 40°C

Ice fountain

Please contact us at the reception or vital garden in case you might have any kind of questions.

#### SKYSPA (only from 16 years)

Skypool - from 08.00 to 9 o'clock  
14:30 - 18:30 o'clock

Hot-Whirlpool - from 07.30 to 13.00 o'clock (textile zone)  
from 13.00 - 18.30 o'clock (textile-free)

We kindly inform you that our sauna and the jacuzzi are nude areas. The sky pool and the relaxing rooms are textile zones.

Eventsauna - app. 82°C

Bio-Sauna - app. 55°C

Infrared cabin - app. 39°C

For any questions just contact our staff of the vitalgarden (No. 40)



Das Karwendel

Familie Steffi und Sepp Rieser

Karwendelstraße 1 - 6213 Pertisau

[www.karwendel-achensee.com](http://www.karwendel-achensee.com)





## Monday, 27th February 2023

**11:00 - 13:00** Ladies' sauna in the basement  
**15:30** Sauna infusion in the event sauna in the Sky Spa on the 3rd floor  
**16:30** Relaxing sauna infusion in the BIO-Sauna in the Sky Spa  
**17:30** Sauna infusion in the event sauna in the Sky Spa  
**20:30** Dancing evening with "Pepi" at the hotelbar

## Tuesday, 28th February 2023

**08:00** Water gymnastics in the swimmingpool in the basement  
**09:00 - 09:30** Hiking info point with Adrian  
**10:00 - 14:30** Guided hiking tour to "Feilalm" 1.372m  
**15:30** Sauna infusion in the event sauna in the Sky Spa on the 3rd floor  
**16:30** Relaxing sauna infusion in the BIO-Sauna in the Sky Spa  
**17:30** Sauna infusion in the event sauna in the Sky Spa  
**19:30** Vocals and sound without amplifiers for dinner

## Wednesday, 1st March 2023

**08:00** Water gymnastics in the swimmingpool in the basement  
**09:00 - 09:30** Hiking info point with Adrian  
**09:50 - 15:00** Guided snowshoe hiking tour on the mountain Rofan

## Thursday, 2nd March 2023

**08:00** Water gymnastics in the swimmingpool in the basement  
**09:00 - 09:30** Hiking info point with Adrian  
**10:00 - 13:00** Guided hiking tour at the lake to "Marienstollen"  
**11:00 - 13:00** Ladies' sauna in the basement  
**15:00** Sauna infusion in the Eventsauna in the Sky Spa  
**16:00** Sauna infusion in the Eventsauna in the Sky Spa  
**20:30** Dance evening at the hotel bar with "Costa"

## Friday, 3rd March 2023

**08:00** Water gymnastics in the swimmingpool in the basement  
**09:00 - 09:30** Hiking info point with Adrian  
**09:50 - 13:30** Guided snowshoe hiking tour to "Tristenautal"  
**15:00** Sauna fragrance in the BIO-sauna on the 3rd floor  
**16:00** Sauna infusion in the Eventsauna in the Sky Spa  
**18:30** Hotel celebration day - gala dinner  
Family Rieser invites you to the aperitif and afterwards to a 7-course-galadinner

## Saturday, 4th March 2023

**08:00** Water gymnastics in the swimmingpool in the basement  
**09:00 - 09:30** Hiking info point with Adrian  
**10:00** Guided hiking tour to "Rüdelhütte"  
**16:00** Sauna infusion in the Eventsauna in the Sky Spa  
**17:00** Sauna infusion in the Eventsauna in the Sky Spa  
**19:30** Vocals and sound without amplifiers for dinner

## Sunday, 5th March 2023

**08:00** Water gymnastics in the swimmingpool in the basement  
**09:00 - 09:30** Hiking info point with Adrian  
**15:00** Sauna fragrance in the BIO-sauna on the 3rd floor  
**16:00** Sauna infusion in the Eventsauna in the Sky Spa  
**21:00** Black Jack and Roulette evening at the bar

## Hiking tour to the Feil Shack

We drive until the forest begins and from there on we hike to the Feilalm. Enjoy the silence and the stunning view over the lake on this hiking tour. Later on, we go back along the Gern valley

**Registration till 09.00 o'clock necessary!**

**Meeting point:** Lobby **Duration:** app. 6 hours

**Altitude difference:** 400 m



## Snowshoe hiking tour to the Rofan (1.000m)

The snowshoe hike for the slightly advanced goes flat along the Mauritzalm. The hike for the advanced goes up the mountain in the direction of the Rofanspitze.

**Duration:** approx. 5 hours | **Walking time:** approx. 3 hours

**Hire fee:** Euro 7,00 per pair + poles | **metres in altitude:** 250m **Rofan cable car:** Euro 20,50 | **Registration:** until 09.00 a.m. **Meeting point:** hotel lobby



## Hiking tour to the Marienstollen

It's a cosy hiking tour along the lake. At a short break we will have the opportunity to take a look at the Achensee which will be right below us.

**Duration:** 3-4 hours

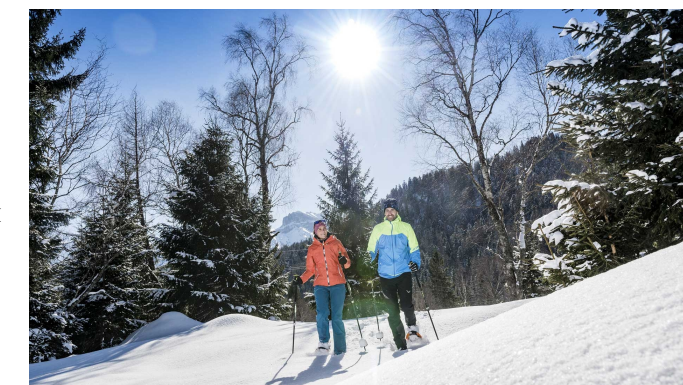


## Snow shoe hiking tour to the Tristenau valley

You can rent the snow shoes directly at the hotel. We start our tour in the open terrain of the golf course and we will go for one round through the empty, snowy field. Afterwards we go back to the hotel and on our way back we will take a break at the Langlaufstüberl.

**Duration:** approx. 3 1/2 hours | **Walking time:** approx. 3 hours

**Rental fee:** Euro 7.00 per pair + poles |



## Guided hiking tour to Rodelhütte (1.150m)

We hike along the lake toward Maurach and go then the way of consciousness. After a snack at the cabin "Rodel", we go back to the hotel.

**Registration till 09.00 o'clock necessary!**

**Meeting point:** Lobby **Duration:** app. 2,5 hours

